

PREP TIME: 5 minutes Makes 6 (2-taco) servings.
COOK TIME: 10 minutes

YOU WILL NEED

- 1 pkg. McCormick Seasoning Mix
- 1 lb. lean ground beef or turkey
- 4 cup water
- 2 taco shells or flour tortillas (6-inch)

Assorted Toppings: shredded lettuce, chopped tomatoes, shredded cheese, salsa or sour cream

DIRECTIONS

1. **BROWN** meat in large skillet on medium-high heat. Drain fat.
2. **STIR** in Seasoning Mix and water.
3. **BRING** to boil. Reduce heat and simmer 5 minutes, stirring occasionally. Spoon into warm taco shells. Serve with desired toppings.

TRY THIS TWIST!

Seven Layer Fiesta Dip: Spread 1 can (16 oz.) refried beans in shallow serving dish. Mix 1 pint (16 oz.) sour cream and Seasoning Mix. Spread over beans. Top with 2 cups shredded cheese, 1 cup each guacamole and chopped tomato, and 1/2 cup each sliced green onions and black olives. Makes 8 cups.

Visit mccormick.com for Salsa Chicken, Taco Casserole and Stove-Top Tamale Pie recipes.

For recipes, visit www.mccormick.com

Questions? Call 1-800-632-8847

Nutrition Facts

Serving Size: 2 tsp. mix (6g)
(Seasons 2 tacos)
Servings Per Container about 6

Amount Per Serving

Calories 20

% Daily Value

Total Fat 0g 0%

Sodium 380mg 16%

Total Carbohydrate 4g 1%

Sugars 1g

Protein less than 1g

Vitamin A 4%

Not a significant source of Calories from Fat, Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Vitamin C, Calcium, Iron.

*Percent Daily Values are based on a diet of 2,000 calories.

INGREDIENTS: SPICES (INCLUDING CHILI PEPPER, GUMIN, PAPRIKA, OREGANO), ONION, WHEY (MILK), SALT, GARLIC, SUGAR, POTATO STARCH, AND NATURAL FLAVOR.



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